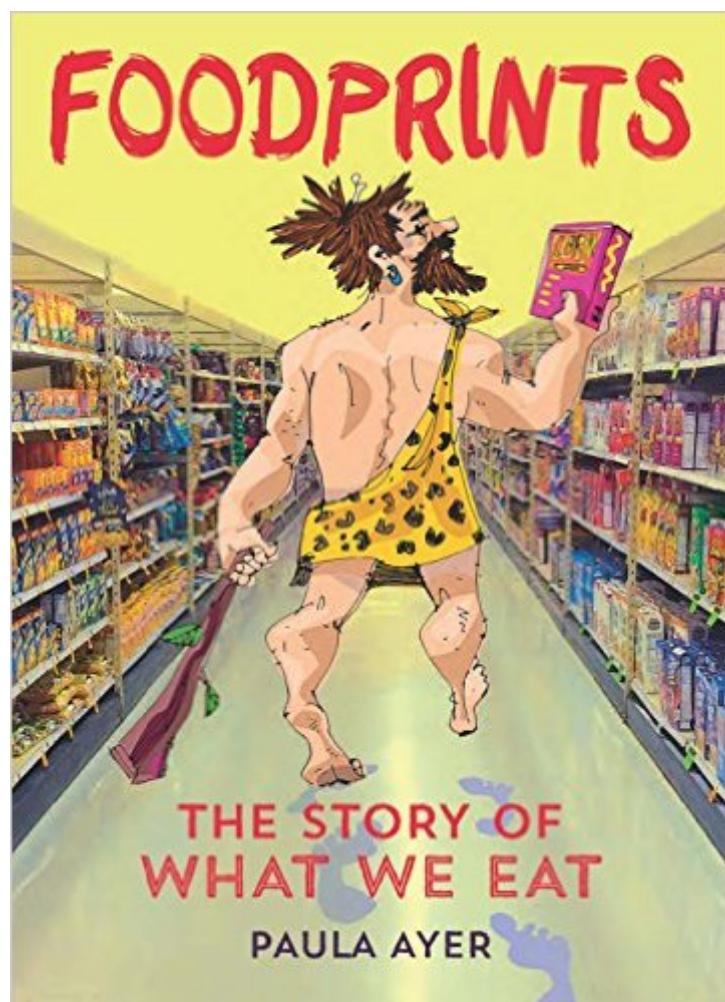


The book was found

Foodprints: The Story Of What We Eat



Synopsis

An indispensable guide for savvy teens to sort food myths from reality. The everyday choices we make when it comes to food don't just have an effect on us; they also affect other people and the planet. *Foodprints* enables readers to do more than sort through the numerous messages they hear and read about food; they also get the big picture about food production, marketing, and its role in society. Readers will discover: How our food system evolved from hunter gatherers to on-line ordering; How mega farms and factories came to produce the bulk of our current food supply; How to work through confusing nutrition advice like good and bad carbs, as well as trendy superfoods such as kale, and fad diets; The role of science in the modern food system, from improving safety and convenience to GMOs and artificial flavors; Stories about youth who are working to shape the future of food in positive ways, such as guerilla gardening and media activism. Select photographs and amusing artwork that pops on the page complement this lively exploration which decodes the surprisingly complex subject of one of our most basic needs; the food we eat.

Book Information

Paperback: 208 pages

Publisher: Annick Press (April 1, 2015)

Language: English

ISBN-10: 1554517184

ISBN-13: 978-1554517183

Product Dimensions: 6.5 x 0.5 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #337,296 in Books (See Top 100 in Books) #2 in Books > Teens > Education & Reference > Science & Technology > Technology > Agriculture #18 in Books > Teens > Personal Health > Diet & Nutrition #27 in Books > Teens > Hobbies & Games > Cooking

Age Range: 12 - 14 years

Grade Level: 6 - 12

[Download to continue reading...](#)

Foodprints: The Story of What We Eat Eat Fat, Get Thin: Why the Fat We Eat Is the Key to Sustained Weight Loss and Vibrant Health Earls The Cookbook: Eat a Little. Eat a Lot. 110 of Your Favourite Recipes Eat in My Kitchen: To Cook, to Bake, to Eat, and to Treat Eat & Explore

Washington Favorite Recipes, Celebrations and Travel Destinations (Eat & Explore State Cookbooks) It's Not the Big that Eat the Small...It's the Fast that Eat the Slow: How to Use Speed as a Competitive Tool in Business Come On Shore and We Will Kill and Eat You All: A New Zealand Story People Who Eat Darkness: The True Story of a Young Woman Who Vanished from the Streets of Tokyo--and the Evil That Swallowed Her Up Life, on the Line: A Chef's Story of Chasing Greatness, Facing Death, and Redefining the Way We Eat It's Our Turn to Eat: The Story of a Kenyan Whistle-Blower Eat My Schwartz: Our Story of NFL Football, Food, Family, and Faith Thug Kitchen: The Official Cookbook: Eat Like You Give a F*ck Don't Worry, Eat Cake: A Coloring Book to Help You Feel a Little Bit Better about Everything Eat. Work. Shop.: New Japanese Design Eat Ink: Recipes. Stories. Tattoos. Eat, Pray, Love: One Woman's Search for Everything Across Italy, India, and Indonesia Brian Tracy's Eat That Frog! Eat, Pray, Love: One Woman's Search for Everything No te Comas el Marshmallow... ¡Todavia! [Don't Eat the Marshmallow...Yet!] Eat Dirt: Why Leaky Gut May Be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure It

[Dmca](#)